

Monthly Pricing

MAC Member:	\$100.00
MAC Member Family (2+)	\$150.00
Non MAC Member:	\$125.00
Non MAC Member Family:	\$200.00
Drop In Class:	\$40.00
6 Month Contracts*	

*Receive 1 Month FREE



MOSSEY ACADEMY OF MARTIAL ARTS



Located inside Monroe Athletic Club
3801 Chauvin Lane
Monroe, LA 71201
318.732.7717

www.Mossey-Academy.com



Bryan K. Mossey

Martial Arts Goal:

To remain a humble student of the arts, with an open heart and mind. To uncover my ignorance and seek my own path to liberation. To continually develop as a human being and martial artist. To never grow complacent with what is, but always look through discovery to what could be. To honor the legacy of my instructors, and show reverence for the knowledge that has been faithfully passed down to me. To protect and serve my instructors, students, family, and friends to the greater glory of my Creator.



Certifications

- 35 Years Martial Science Exploration.
- Competition Experience Ranging from College Football, Baseball, Basketball, Track, Gymnastics, Golden Gloves Boxing, Thai Boxing, Power Lifting, Fencing, Brazilian Jiu-Jitsu, and MMA.
- 1st Lieutenant, US Army Infantry, Expert Infantry, Air Assault, Nuclear, Biological, and Chemical Warfare. Rifle Platoon Leader, Detachment Commander, Officer Candidate School Tactical Operations Instructor.
- Rescue Diver, Dive Master, Master Scuba Diver, and Open Water Scuba Instructor, PADI and SDI-TDI.
- IDPA, Stock Service Pistol Expert and 3 Gun Competitor.
- Senior Full Instructor Lifetime, Marc McFann, Jun Fan Gung Fu, Filipino Martial Arts, Mande Muda Silat, Thai Boxing, Shooto.
- Full Instructor, Black Belt, 3rd Degree, Sandan / Uchi Deshi, Mike Mathews – Aiki-Jiu-Jitsu, Jun Fan Gung Fu, Filipino Martial Arts, Maphilindo Silat, Muay Thai, Ground Fighting.
- Sifu, Senior Associate, Dan Inosanto, Jun Fan Gung Fu.
- Guro, Senior Associate, Dan Inosanto, Filipino Martial Arts.
- Guro, Instructor, Dan Inosanto, Maphilindo and Madjapahit Arts
- Khru, Associate Instructor, Ajarn Surachai Sirisute, Muay Thai.
- Black Belt, 7 Year Private Student, Master Pedro Sauer, Gracie Jiu-Jitsu.
- 7 Year Private Student, Freestyle and Greco Roman Wrestling, US International Wrestling Team, and 2 Time All American, Johnny Curtis
- 7 Year Private Student, Schutzhund K-9 Training, German Shepherds. Obedience, Tracking, Protection – Kirby Hill

The Arts We Teach

Bruce Lee's Jeet Kune Do



Kali - The Filipino Martial Arts



Gracie Jiu-Jitsu



Muay Thai Boxing



- Learn Self Defense
- Improve Health & Fitness
- Increase Core Strength
- Become Self-Empowered
- Develop Self-Control

Class Schedule

KIDS CLASS SCHEDULE:

YOUTH GRACIE JIU JITSU

Tues., Wed., Thurs.
4:00 p.m. - 5:00 p.m.
Ages 5-13

ADULT CLASS SCHEDULE:

JIU JITSU AGES 14+

Tuesday and Thursday
7:00 p.m. - 8:00 p.m.

GRACIE JIU JITSU SELF DEFENSE

Saturday
12:00 p.m. - 1:30 p.m.

MUAY THAI BOXING

Wednesday
7:00 p.m. - 8:00 p.m.
Friday
6:00 p.m. - 7:00 p.m.

KALI

Friday
5:00 p.m. - 6:00 p.m.
Saturday
11:00 a.m. - 12:00 noon

WOMEN-ONLY SELF-DEFENSE CLASS

Saturday
10:00 - 11:00 a.m.

